

**Institution: Southwestern Christian University**  
**Degree: Bachelor of Science – B.S.**  
**Program: Education**  
**Major: Physical Education, Health and Safety**

**Student:** \_\_\_\_\_  
**Date:** \_\_\_\_\_

**B.S. IN PHYSICAL EDUCATION, HEALTH AND SAFETY DEGREE REQUIREMENTS**

Course Prefix	Course Title	Credit Hrs.	Offered	Complete
<b>General Education</b>				
UNIV 1003	Strategies for Student Success	3		FA 22
* ENGL 1113	English Grammar and Composition I	3		FA 22
* ENGL 1213	English Grammar and Composition II	3		
POLI 1113	American Federal Government	3		
HIST 1483 OR 1493	U.S. History I or U.S. History II	3		
MATH 1000-4000	Any math course MATH2423 Analysis of Data and Chance	3		
Science 1000-4000	Any natural science with lab	4		
Science 1000-4000	Any science without lab BIOLOGY	3		FA22
BIBL 1403	Old Testament History and Literature	3		
BIBL 1413	New Testament History and Literature	3		
BIBL 2223	Biblical Hermeneutics	3		
THEO 3003	Christian Beliefs	3		
SPCH 1113	Introduction to Public Communication	3		
HIST 2113 or HIST 2213	Western Civilization I or II	3		
* PSYC 1113	General Psychology	3		
HPSM 2212	Lifetime Wellness	2		
Elective	Any 1000-4000 ECON, FINC, GEOG, HIST, HPSM, PHIL, POLI, PSYC, SOCL course ENG	3		
<b>Total General Education Credit Hours</b>		<b>51</b>		
<b>Major Core</b>				
* HPSM 2422	1st Aid CPR and Safety and lab	2		
* HPSM 3113	Care and Prevention of Athletic Injuries	3		
* HPSM 3123	Adapted Physical Education	3		
* HPSM 3313	Techniques of Teaching Team Sports	3		
* HPSM 3423	School Health/Safety Curriculum: K-12	3		
* HPSM 3803	Motor Learning	3		
* HPSM 3813	Applied Human Anatomy and Physiology	3		
* HPSM 3811	Motor Skills #1 Striking	1		
* HPSM 3821	Motor Skills #2 Kicking	1		
* HPSM 3831	Motor Skills #3 Throwing	1		
* HPSM 3841	Fitness Assessment & Exercise Prescription I	1		
* HPSM 3851	Fitness Assessment & Exercise Prescription II	1		
* HPSM 4213	Kinesiology	3		
* HPSM 4323	Christianity, Culture and Sport - Capstone	3		
* HPSM 4533	Exercise Physiology	3		
<b>Total Major Core Credit Hours</b>		<b>34</b>		
<b>Professional Teacher Education</b>				
EDUC 2000	Foundations in Education Clinical Practice	0		
* EDUC 2113	Foundations in Education (with EDUC 2000)	3		

*	EDUC 2301	Introduction to Education	1		
	EDUC 3000	Educational Technology Clinical Practice	0		
*	EDUC 3202	Educational Technology (with EDUC 3000)	2		
	EDUC 4000	Assessment and Evaluation Clinical Practice	0		
*	EDUC 4232	Assessment and Evaluation	2		
*	EDUC 4812	Classroom Strategies	2		
*	EDUC 4815	Teaching Clinical Internship I	5		
*	EDCU 4825	Teaching Clinical Internship II	5		
	HPSM 4000	Methods of Teaching P.E. Clinical Practice	0		
*	EDUC 4103	Methods of Teaching P.E. (with HPSM 4000)	3		
*	PSYC 3123	Educational Psychology	3		
*	PSCY 3143	Psychology of the Exceptional Child	3		
*	PSYC 3213	Child and Adolescent Psychology	3		
<b>Total Professional Teacher Education Credit Hours</b>			<b>35</b>		
<b>Total P.E., Health and Safety Program Credit Hours</b>			<b>120<sup>^</sup></b>		
*	Grade of "C" or better.				
<sup>^</sup>	Overall GPA must be 2.75 or better.				

### Minimum Graduation Requirements

1. Overall GPA in all college coursework a minimum 2.75.
2. In courses of English Composition, Professional Education, and area of specialization (major) a minimum of "C."
3. Proficiency in foreign language a minimum of Novice 4 level.

### Objective

The objective of this program is to enable the student to acquire an essential knowledge base, skills, and a philosophical foundation for how to make successful, professional decisions that are required for teachers/coaches in public and private schools. Courses required for this major are congruent with InTASC Standards and National Association for Sport and Physical Education (NASP) professional recommendations.

### Mission

The Physical Education program at SCU seeks that each candidate becomes a transformed thinker influencing their world for Christ. The program will provide a sound academic foundation in written communication, in-depth comprehension, and critical thinking skills from a Christian perspective to equip the candidate to be productive and successful in educating secondary students. Christian behaviors and perspectives will be emphasized in all course offerings and activities. The curriculum is designed accordingly to equip candidates to be productive and successful in whatever schooling situation they encounter.